



62-64 New Road
Basingstoke
Hampshire
RG21 7PW

Tel: 01256 323223
Fax: 0871 4335592



- Tutor-led training
- e-Learning
- Blended learning
- IT skills
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- Training consultancy

Achieving Personal Goals

Introduction

Introduction Trying to juggle all aspects of life can be overwhelming. Without guidelines and goals, it can be difficult to reach your personal hopes and objectives in life. This course has methods and techniques to help you define your goals and confirm your priorities.

Objectives By following the Strategies and Tips, you will set high but achievable goals, develop an action plan, and follow through to successful achievement. At the same time, you will be able to anticipate and deal with roadblocks and diversions.

Designed for People who are not able to look forward and plan.

Duration 1 day

Topics

- Aspire for balance in life.
- Determine your priorities.
- Focus on one goal.
- Work toward the goal
- Create a mind map.
- Develop a plan of action.
- Visualize success.
- Expect the unexpected.
- Follow-through on plans.
- Take the first step.
- Set your pace.
- Expect glitches.
- Assess your achievements.

Follow-up Developing a Strategic Plan – 1 day
Appreciating Personality Differences – 1 day

Imagine what you'll know tomorrow...

For more information call

01256 323223

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